

Goals of the Cardiovascular Health Education Center (CHEC)

Education for health begins with you and whatever interest you may have in improving your health. This includes a secure foundation in a supportive environment, access to information, life skills and opportunities for making healthy choices. Through CHEC, you and your family can start taking control of your health by gaining the knowledge and identifying resources to help you accomplish your goals.

Our goals are to:

- Coordinate services with other NYPH programs
- Create and provide up to date and accurate written materials
- Provide patient and family educational classes and seminars
- Provide unit specific education to our staff



Contact us for a schedule of classes available through the CHEC center.

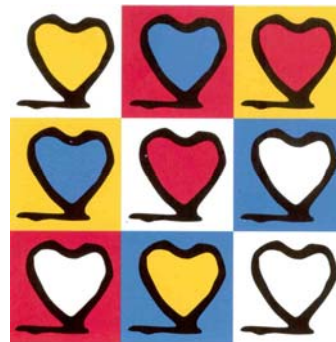
If you cannot find what you are looking for, contact our staff and we will assist you.

212-305-1493



Cardiovascular Health Education Center

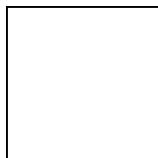
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CHEC Mission

The Cardiovascular Health Education Center (CHEC) at NewYork-Presbyterian Hospital is a resource center for patients, families and health care professionals dedicated to promoting cardiovascular health through the coordination of interdisciplinary programs and resources.

CHEC can direct you to:

- **Classes**
- **Educational materials**
- **Counseling**
- **Cardiac experts**
- **Professional development**
- **Innovative research**

Cardiovascular Medicine

NewYork-Presbyterian Hospital (NYPH) brings together renowned expertise in all areas of cardiovascular medicine.

Cardiology

The advanced cardiac center at NYPH is one of the pioneers in the treatment and management of patients with congestive heart failure. Our physicians are recognized as leaders in the advanced treatment of patients with all levels of heart failure and cardiomyopathy.

Cardiothoracic Surgery

Performing over 1,600 open-heart procedures a year, the cardiac surgery division is among the best in the world. In addition to on- and off-pump coronary bypass surgery (CABG), we are recognized for our innovation and skill in valve repair/replacement. Our surgeons undertake some of the most complex and challenging cases, such as combined bypass and valve procedures and heart transplants.



NewYork-Presbyterian Hospital
Columbia Campus

Center for Interventional Vascular Therapy (CIVT)

We recognize that invasive surgical procedures may not be the right approach for all our patients. Today, non-surgical options are safer and more effective than ever before, and offer more options for the treatment of cardiovascular disease. Our expert interventional cardiologists provide a full range of the most advanced interventional cardiology options.

CHEC Request

Please provide information on: En español

- Diagnosis _____
- Procedure/Tests _____
- Cholesterol
- Diabetes: New Diagnosis? Yes No
- Diet/Nutrition
- Heart Rhythms _____
- Physical Activity
- Applicable Research/Trials
- Smoking Cessation
- Stress Management/Integrative Medicine
- Support Groups _____
- Other _____

Mail form to address on reverse or fax to "CHEC" at 212-305-9686. You can also complete a request on-line at www.nypheart.com/for_pat_vis/chec/
You should receive your information in 10-12 business days from receipt.

Age _____ Male/Female

Name (Please Print) _____

Address _____

E-Mail _____

Phone _____